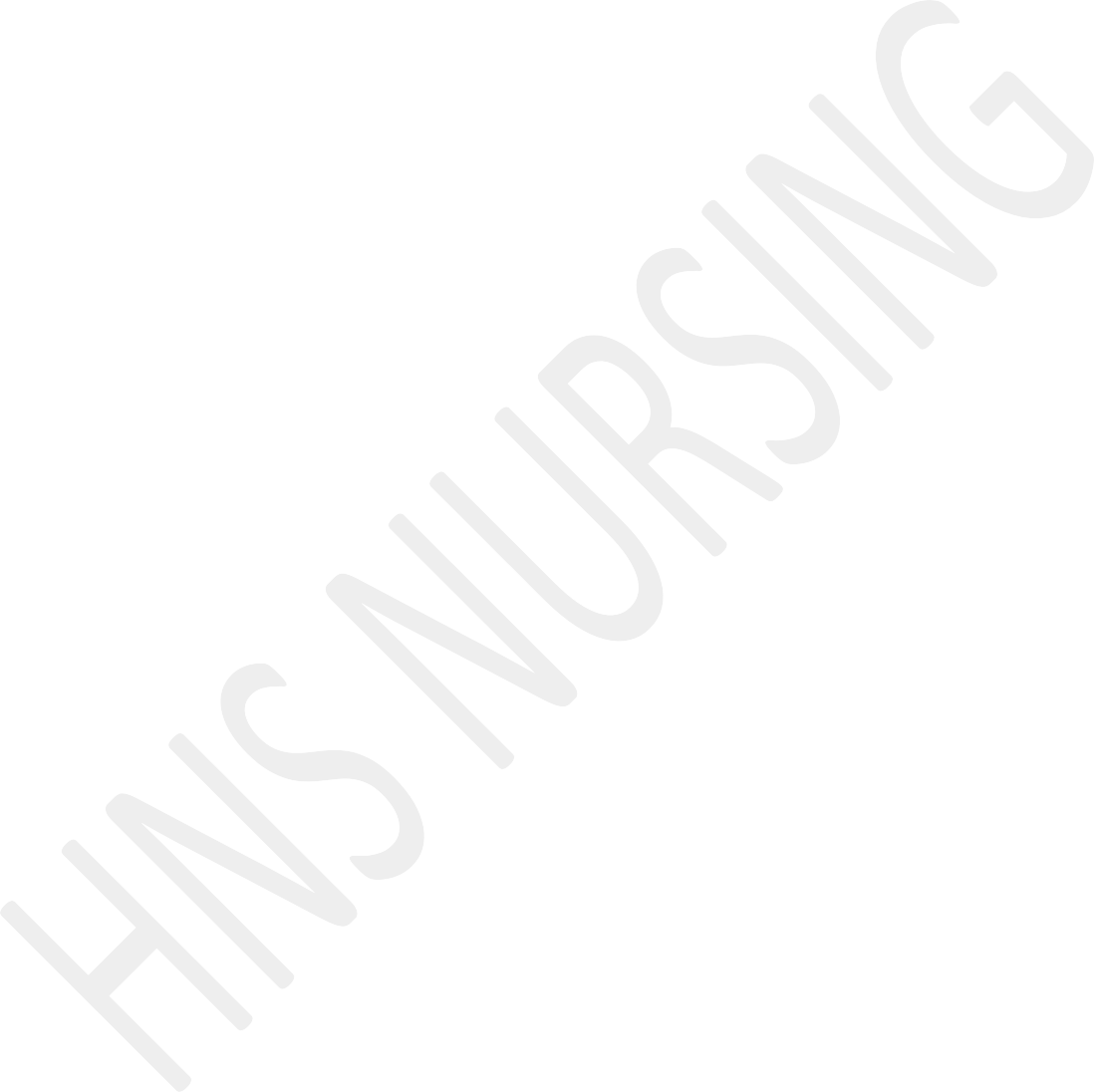
**SHRI H N SHUKLA NURSING INSTITUTE**

**Affiliated By Saurashtra University, Permitted By I.N.C. & G.N.C. And Recognized By G.O.G.**

Shree H. N. Shukla College Campus, B/H. Marketing Yard, Nr. Lalpari Lake, Rajkot -360003 E-mail :- [HNSNURSING@GMAIL.COM](mailto:HNSNURSING@GMAIL.COM) Web. :- [www.hnsgroupofcollege.org](http://www.hnsgroupofcollege.org/)

**FIRST AID**

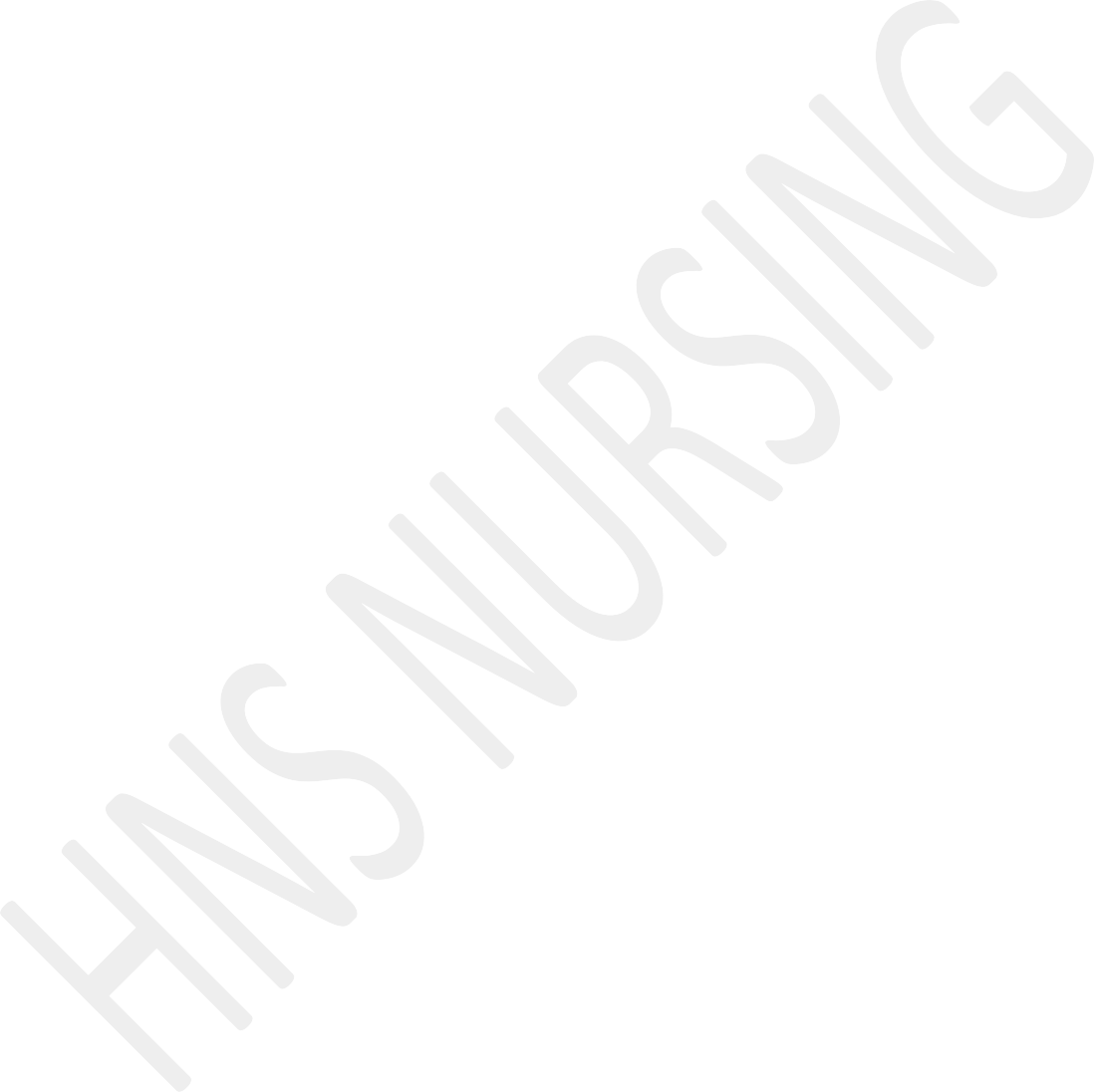
**BATCH** : F.Y. GNM

**T0TAL HOURS** : 20Hrs

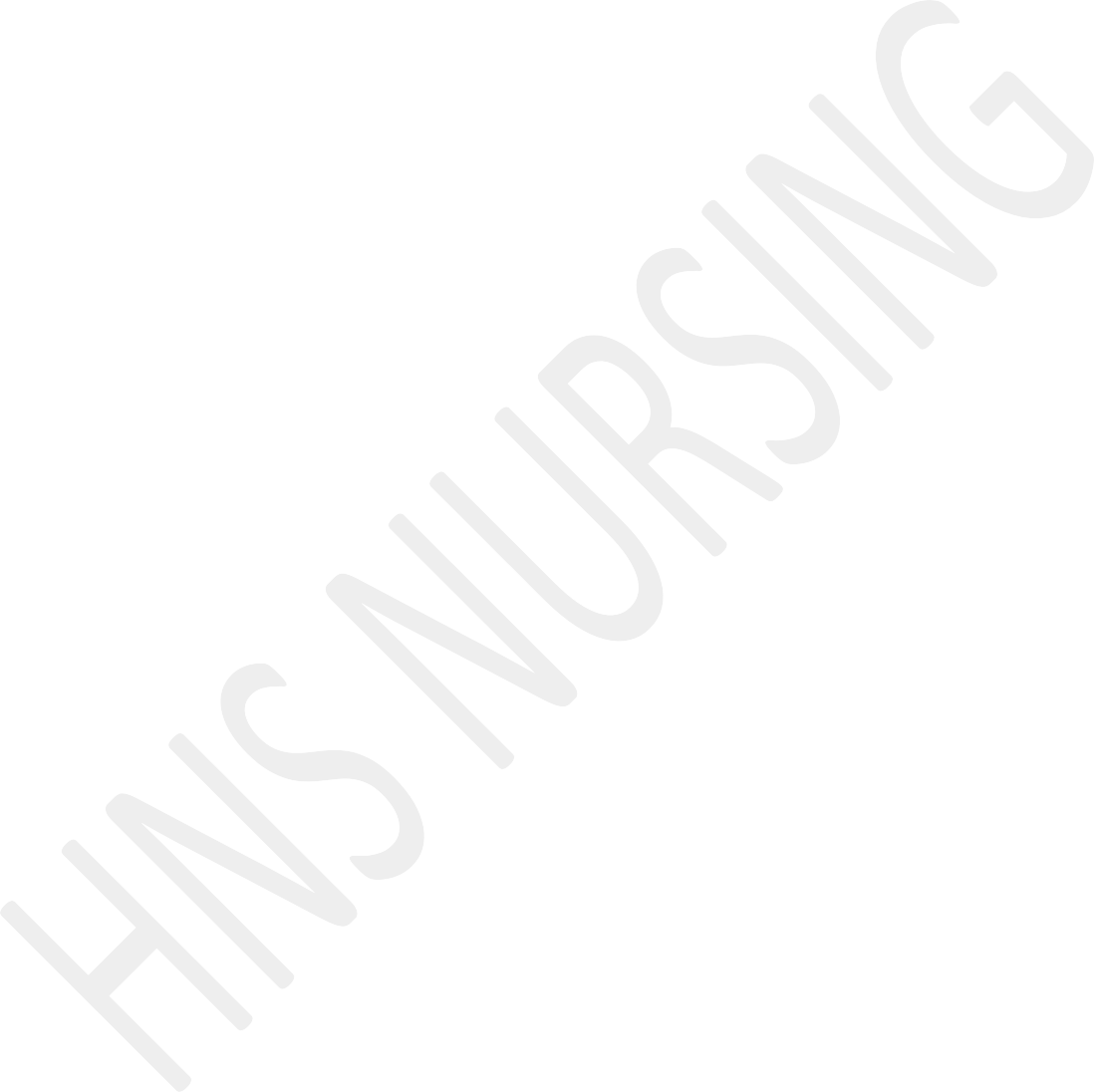
**CENTRAL OBJECTIVES:** This course is designed to help students develop and understanding of community emergencies and be able to render first aid services as and when need arise.

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| UNIT  /Total hours | LEARNING OBJECTIVE | CONTENT | TEACHING LEARNING  ACTIVITY | A.V. AIDS | EVALUATION |
| I (2) | Describe the importance and principle of first aid | **Introduction**   1. Definition, Aims and Importance of first aid 2. Rules/ General principles of First Aid 3. Concept of emergency | * Lecture cum discussion * Group Discussion | * Black board * Charts | * Short answer question * Short answer question and objective type question * Evaluation of Group Discussion |
|  |  | Importance  - Nurse’s role -Diversional and Recreational therapy  f) Care of terminally ill and dying | * Lecture come discussion   Explain with use of | * Transparency * Brain, Spinal cord , cranial | * Short answer question * objective type |

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|  |  | patient   * Dying patient’s signs and symptoms needs of dying patient and family, * Nursing care of dying-: special considerations; advance directives, euthanasia, will, dying declaration, organ donation etc. * Medico legal issues * Care of the dead body * Care of unit * Autopsy * Embalming | Specimen.   * Power point presentation * Lecture come discussion | nerves , spinal nerves.   * LCD * Black board | question   * Essay type question * Short answer question |
| IV(14) | Describe the principles of assessment demonstrate skills in assessing the  patient | **Assessment of patient/client**  a) Physical Assessment   * Importance, principles, methods of assessment * Height, Weight, posture * Head to toe examination.   b) Physiological Assessment   * Vital signs, normal, abnormal Characteristics, factors influencing the variations, * Observation and collection of specimens-urine, stool, vomitus and sputum.   c) Psychological Assessment  - Mood, Intelligence, Emotions Normal and Abnormal behaviorchild adolescent, adult and aged  d) Will and character. 6 Lecture cum discussions.  Role play Psychometric assessment Short answer  Objective type Essay type | * Lecture * & Explain with use of microscopic slides * Lecture come discussion * Power point presentation * Lecture come discussion * Lecture come discussion | * Black Board * Blood Slides   Transparency   * LCD * Black Board | * Short note * Short answer question * objective type question * Lecture * Essay type |



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|  |  | VI. Discuss the nature and measurement of intelligence. |  | * Black Board | question |
| III(6) | Describe first aid in common  emergenciesinfection control,  methods in the clinical setting. Demonstrate infection control practices | **First Aid in emergencies**   1. Asphyxia, drowning, shock 2. Wounds and Bleeding 3. Injuries to the Bones, Joints and Muscle - fractures, sprains, strains, hanging | * Power point presentation * Lecture come discussion * Lecture come discussion | Transparency   * LCD * Black Board   Black Board | * Short note * Short answer question * objective type question * Lecture * Essay type question |
| IV(4) | List various community  emergencies | **Community Emergencies & Community Resources**  a) Fire, explosion, floods, earth-quakes, | * Power point presentation | Transparency | * Short note |



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|  | and community resources | famines etc   1. Role of nurses in disaster management 2. Rehabilitation 3. Community Resources  * Police, Ambulance services * Voluntary agencies-local, state national and international | * Lecture come discussion * Lecture come discussion | * LCD * Black Board   Black Board | * Short answer question * objective type question * Lecture * Essay type question |

