**SHRI H N SHUKLA NURSING INSTITUTE**

**Affiliated By Saurashtra University, Permitted By I.N.C. & G.N.C. And Recognized By G.O.G.**

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**FIRST AID**

**BATCH** : F.Y. GNM

**T0TAL HOURS** : 20Hrs

**CENTRAL OBJECTIVES:** This course is designed to help students develop and understanding of community emergencies and be able to render first aid services as and when need arise.

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| UNIT/Total hours | LEARNING OBJECTIVE | CONTENT | TEACHING LEARNINGACTIVITY | A.V. AIDS | EVALUATION |
| I (2) | Describe the importance and principle of first aid | **Introduction**1. Definition, Aims and Importance of first aid
2. Rules/ General principles of First Aid
3. Concept of emergency
 | * Lecture cum discussion
* Group Discussion
 | * Black board
* Charts
 | * Short answer question
* Short answer question and objective type question
* Evaluation of Group Discussion
 |
|  |  | Importance- Nurse’s role -Diversional and Recreational therapyf) Care of terminally ill and dying | * Lecture come discussion

Explain with use of | * Transparency
* Brain, Spinal cord , cranial
 | * Short answer question
* objective type
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|  |  | patient* Dying patient’s signs and symptoms needs of dying patient and family,
* Nursing care of dying-: special considerations; advance directives, euthanasia, will, dying declaration, organ donation etc.
* Medico legal issues
* Care of the dead body
* Care of unit
* Autopsy
* Embalming
 | Specimen.* Power point presentation
* Lecture come discussion
 | nerves , spinal nerves.* LCD
* Black board
 | question* Essay type question
* Short answer question
 |
| IV(14) | Describe the principles of assessment demonstrate skills in assessing thepatient | **Assessment of patient/client**a) Physical Assessment* Importance, principles, methods of assessment
* Height, Weight, posture
* Head to toe examination.

b) Physiological Assessment* Vital signs, normal, abnormal Characteristics, factors influencing the variations,
* Observation and collection of specimens-urine, stool, vomitus and sputum.

c) Psychological Assessment- Mood, Intelligence, Emotions Normal and Abnormal behaviorchild adolescent, adult and agedd) Will and character. 6 Lecture cum discussions.Role play Psychometric assessment Short answerObjective type Essay type | * Lecture
* & Explain with use of microscopic slides
* Lecture come discussion
* Power point presentation
* Lecture come discussion
* Lecture come discussion
 | * Black Board
* Blood Slides

Transparency* LCD
* Black Board
 | * Short note
* Short answer question
* objective type question
* Lecture
* Essay type
 |



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|  |  | VI. Discuss the nature and measurement of intelligence. |  | * Black Board
 | question |
| III(6) | Describe first aid in commonemergenciesinfection control,methods in the clinical setting. Demonstrate infection control practices | **First Aid in emergencies**1. Asphyxia, drowning, shock
2. Wounds and Bleeding
3. Injuries to the Bones, Joints and Muscle - fractures, sprains, strains, hanging
 | * Power point presentation
* Lecture come discussion
* Lecture come discussion
 | Transparency* LCD
* Black Board

Black Board | * Short note
* Short answer question
* objective type question
* Lecture
* Essay type question
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| IV(4) | List various communityemergencies | **Community Emergencies & Community Resources**a) Fire, explosion, floods, earth-quakes, | * Power point presentation
 | Transparency | * Short note
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|  | and community resources | famines etc1. Role of nurses in disaster management
2. Rehabilitation
3. Community Resources
* Police, Ambulance services
* Voluntary agencies-local, state national and international
 | * Lecture come discussion
* Lecture come discussion
 | * LCD
* Black Board

Black Board | * Short answer question
* objective type question
* Lecture
* Essay type question
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