



Shree H. N. Shukla Institute of Pharmaceutical Education & Research

(Affiliated to Gujarat Technological University, Approved by PCI)

Shree H. N. Shukla College Campus, Nr. Lalpari Lake, B/H. Marketing Yard,
Amargadh – Bhichari, Raikot. Mo. 9099063150, 9727753360

M.Pharm Pharmaceutics (20) SEMESTER: II

Subject Name: COSMETICS AND COSMECEUTICALS

Subject Code: MPH204T

Scope: This course is designed to impart knowledge and skills necessary for the fundamental need for cosmetic and cosmeceutical products

Objectives: Upon completion of the course student shall be able to understand

1. Key ingredients used in cosmetics and cosmeceuticals.
2. Key building blocks for various formulations.
3. Current technologies in the market
4. Various key ingredients and basic science to develop cosmetics and cosmeceuticals
5. Scientific knowledge to develop cosmetics and cosmeceuticals with desired Safety, stability, and efficacy

Teaching scheme and examination scheme:

Teaching Scheme				Evaluation Scheme			
Theory	Tutorial	Practical	Total	Theory		Practical	
				External	Internal	External	Internal
4	0	0	4	80	20	0	0

Sr.	Topic	Hr
1.	Cosmetics – Regulatory : Definition of cosmetic products as per Indian regulation. Indian regulatory requirements for labeling of cosmetics Regulatory provisions relating to import of cosmetics., Misbranded and spurious cosmetics. Regulatory provisions relating to manufacture of cosmetics – Conditions for obtaining license, prohibition of manufacture and sale of certain cosmetics, loan license, offences and penalties	12
2.	Cosmetics - Biological aspects : Structure of skin relating to problems like dry skin, acne, pigmentation, prickly heat, wrinkles and body odor. Structure of hair and hair growth cycle. Common problems associated with oral cavity. Cleansing and care needs for face, eye lids, lips, hands, feet, nail, scalp, neck, body and under-arm	12
3.	Formulation Building blocks: Building blocks for different product formulations of cosmetics/cosmeceuticals. Surfactants – Classification and application. Emollients, rheological additives: classification and application. Antimicrobial used as preservatives, their merits and demerits. Factors affecting microbial preservative efficacy. Building blocks for formulation of a moisturizing cream, vanishing cream, cold cream, shampoo and toothpaste. Soaps and syndetbars. Perfumes; Classification of perfumes. Perfume ingredients listed as allergens in EU regulation Controversial ingredients: Parabens, formaldehyde liberators, dioxane	12
4.	Design of cosmeceutical products: Sun protection, sunscreens classification and regulatory aspects. Addressing dry skin, acne, sun-protection, pigmentation, prickly heat, wrinkles, bodyodor., dandruff, dental cavities, bleeding gums, mouth odor and sensitive teeth through cosmeceutical formulations	12
5.	Herbal Cosmetics : Herbal ingredients used in Hair care, skin care and oral care. Review of guidelines for herbal cosmetics by private bodies like cosmos with respect to preservatives, emollients, foaming agents, emulsifiers and rheology modifiers.	12



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	Challenges in formulating herbal cosmetics	
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REFERENCES:

1. Harry'sCosmeticology.8th edition.
2. Poucher's perfume cosmetics and Soaps, 10th edition.
3. Cosmetics - Formulation, Manufacture and quality control, PP.Sharma,4th edition
4. Handbook of cosmetic science and Technology A.O.Barel, M.Paye and H.I.Maibach.3rdedition
5. Cosmetic and Toiletries recent suppliers catalogue.
6. CTFA directory

LEARNING OUTCOMES:

UNIT	LEARNING OUTCOMES
1	Knowledge about the Cosmetics – Regulatory.
2	Understand the Cosmetics - Biological aspects.
3	Appreciate the Formulation Building blocks.
4	Knowledge regarding the Design of cosmeceutical products.
5	Understand the Herbal Cosmetics.

BOOK LIST:

Sr. no	Book name	Price (Rs.)
1	Harry'sCosmeticology.8th edition.	31,854/-
2	Poucher'sperfumecosmeticsandSoaps,10th edition.	31,478/-
3	Handbook of cosmetic science and Technology A.O.Barel, M.Paye and H.I.Maibach.3rdedition.	5,844/-
4	CTFA directory.	7,449/-