



JCQ-02011151

Seat No. \_\_\_\_\_

**Third Year Basic B. Sc. (Nursing) Examination**

February - 2020

**Mental Health Nursing**

Time : 3 Hours]

[Total Marks : 75

**SECTION - I**

- 1 Long Essay : (Any one) 15
- (a) Define Mental Health and Mental Illness. 3
  - (b) Explain the characteristics of a mentally healthy person. 5
  - (c) State the principles of Mental Health Nursing. 7

**OR**

- (a) Define Mania. 2
- (b) Discuss in detail the etiology, signs and symptoms, psychopathology of mania. 6
- (c) Explain the Nursing management of a client with Mania. 7

- 2 Write short notes : (any three) 3×5=15
- (a) Dementia
  - (b) Schizophrenia
  - (c) Mood disorder
  - (d) Factors influencing Personality
  - (e) Process Recording

- 3 Briefly answer the following : (any four) 4×2=8
- (a) Phobia
  - (b) Nihilistic Delusion
  - (c) Thought Block
  - (d) Cognition
  - (e) Psychosis
  - (f) Neurosis

## SECTION - II

- 1 Long Essay : (any one) 1×10=10
- (a) Define Autism, Describe its management and nursing responsibility.
  - (b) Define preventive psychiatry. Explain the models of prevention
- 2 Write short notes : (any three) 3×5=15
- (a) Lithium toxicity
  - (b) Causes of Mental retardation
  - (c) State the M'Naghten Rule
  - (d) National mental Health Programme
  - (e) Explain the classification, clinical features and Management of Depression
- 3 Briefly answer the following : (compulsory) 6×2=12
- (a) Define PTSD
  - (b) Mention any four defence mechanisms
  - (c) Mention Bleuler's Four 'A's in Schizophrenia
  - (d) Hallucination
  - (e) Substance Abuse
  - (f) Define narcolepsy
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