**SHRI H N SHUKLA NURSING INSTITUTE**

**Affiliated By Saurashtra University, Permitted By I.N.C. & G.N.C. And Recognized By G.O.G.** Shree H. N. Shukla College Campus, B/H. Marketing Yard, Nr. Lalpari Lake, Rajkot -360003 E-mail :- HNSNURSING@GMAIL.COM Web. :- [www.hnsgroupofcollege.org](http://www.hnsgroupofcollege.org/)

**HEALTH EDUCATION AND COMMUNICATION SKILLS**

**BATCH** : F.Y. GNM

**T0TAL HOURS** : 40Hrs

**CENTRAL OBJECTIVES** This course is designed to help students to

1. Acquire the concept of health education and develop an ability to select and/or prepare appropriate audio-visual aids and use them effectively
2. Understand the principles of communication and counseling, and its application in nursing practice.

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| UNIT/Total hours | LEARNING OBJECTIVE | CONTENT | TEACHING LEARNINGACTIVITY | A.V. AIDS | EVALUATIO N |
| I (8) | Describe the concept and different aspects of communication | **Communication Skills**1. Definition, process, purposes, principles,

types and importance of communication1. Barriers in communication
2. Establishment of successful communication.
3. Observing and listening skills.
 | * Lecture cum discussion
* Group Discussion
 | * Black board
* Charts
 | * Short answer question
* Short answer question and objective type question
* Evaluation of Group Discussion
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| II(12) | Describe the aims and objectives, | **Health Education**a) Concept, definition, aims and objectives | * Lecture come discussion
 | * Transparency
* Brain, Spinal
 | * Short answer question
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|  | scope, levels, approaches and principles of health education | of health education1. Principles of health education
2. Process of change/modification of health

behavior1. Levels and approaches of health education
2. Methods of health education
3. Scope and opportunities for health education in hospital and community
4. Nurse’s role in health education
 | Explain with use of Specimen.* Power point presentation
* Lecture come discussion
 | cord , cranial nerves , spinal nerves.* LCD
* Black board
 | * objective type question
* Essay type question
* Short answer question
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| III(8) | Demonstrate the skills ofcounselingdeviations from normal parameters in differentage groups. | **Counseling**1. Definition, purpose, principles, scope and

types1. Counseling process: steps and techniques
2. Qualities of a good counselor
3. Difference between health education and

counseling1. Role of nurse in counseling
 | * Lecture
* & Explain with use of microscopic slides
* Lecture come discussion
* Power point presentation
 | * Black Board
* Blood Slides

Transparency* LCD
* Black Board
 | * Short note
* Short answer question
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|  |  |  |  | * Black Board
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| IV(18) | Describe the types of AV aids.Demonstrate skill in preparing and using different kinds of audio – visual AID | **Methods and Media of Health Education**1. Definition, purpose and types of audiovisual

aids and media1. Selection, preparation and use of audiovisual

aids : graphic aids, printed aids, three dimensional aids and projected aids1. Advantages and limitations of different

media1. Preparation of health education plan
 | * Power point presentation
* Lecture come discussion
* Lecture come discussion
 | Transparency* LCD
* Black Board

Black Board | * Short note
* Short answer question
* objective type question
* Lecture
* Essay type question
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