



# Shree H.N. Shukla Nursing Institute, Rajkot

## I YEAR GNM

### Community Health nursing 1

**Total Marks:-75**

**Duration: - 3 Hours**

**Q-1 Long essay( Any One )**

**(12)**

- 1) a Define family planning. (2)
- b Classification of family planning method. (4)
- c Explain permanent family planning method. (6)
- 2) a Definition of community health nursing. (2)
- b Goals and objective of community health nursing. (5)
- c Principle of community health nursing. (5)

**Q -2 Short Answer**

**(4X3=12)**

- 1) Family planning mechanical method.
- 2) Concept of health
- 3) Function of community health nurse.

**Q – 3 Define following ( Any six )**

**(6X2=12)**

- 1)MMR
- 2) IMR
- 3) CDR
- 4) Nutrition
- 5) IUD'S
- 6)Psychological barrier
- 7) Primary health care

**Q -4Long Essay ( Any three )**

**(3X4=12)**

- (1) Process of communication.
- (2) Types of communication
- (3) Define health education and List out method of health education
- (4) Explain any two method of common health education.

**Q –5Long Answer**

**(6X2=12)**

- 1 Steps of community health nursing process.
- 2 Classification of vitamins.

**Q -6 Fill in the blank**

**(5)**

- 1 DMPA means \_\_\_\_\_
- 2 Evaluation done in each step known as \_\_\_\_\_ evaluation.
- 3 1 gram of protein gives \_\_\_\_\_ calories.
- 4 Night blindness is caused due to deficiency of \_\_\_\_\_ vitamins.
- 5 CMR Full form \_\_\_\_\_

**Q -7 States whether following statements are True or False**

**(5)**

- 1 Planning is second steps of nursing process
- 2 Buzz group discussion is formal method of health education.
- 3 Indicator means guage it measure health status of community.
- 4 Temperature method is a type of biological family planning method.
- 5 Protein deficiency cause goiter.

**Q -8 Match the following.**

**(5)**

- | <b>A</b>                      | <b>B</b>          |
|-------------------------------|-------------------|
| 1. 1 K. cal                   | a. 0.5 – 1.5 mg   |
| 2. Pre-obese                  | b. 92 K. cal / Kg |
| 3. RDA of vit B <sub>12</sub> | c. 4.184 K J      |
| 4. 0-6 Month baby             | d. Broiling       |
| 5. Cooking method             | e. Drying         |
|                               | f. 25.0 -29.0 BMI |